



PARENTING SUPPORT January to March Spring 2025



| Venue | Parenting programme | Day & start date | Programme duration | Time | Crèche |
|--------------------------------------|--|--|--------------------|-------------|--------|
| St Raphael's Family Wellbeing Centre | Strengthening Families & Strengthening Communities (3-18yrs) | Tuesday 14 th January | 13 weeks | 10.00-1.00 | Yes |
| Church Lane Family Wellbeing Centre | Henry (West) Right From the Start | Wednesday 15 th January | 9 weeks | 10.00-12.30 | Yes |
| Preston Park Family Wellbeing Centre | Solihull | Friday 17 th January | 11 weeks | 10.00-12.00 | Yes |
| Online | Cygnnet | Saturday 25 th January | 7 weeks | 10.00-12.30 | No |
| Three Trees Family Wellbeing Centre | Henry (East) Right From the Start | Thursday 30 th January | 9 weeks | 11.15-1.45 | Yes |
| Online | Triple P Baby | Tuesday 4 th February | 9 weeks | 10.00-12.00 | No |
| Sudbury Primary School | Cygnnet | Wednesday 5 th February | 7 weeks | 9.30-12.30 | No |
| Barham Primary | Cygnnet Plus | Thursday 6 th February | 8 weeks | 9.30-12.30 | No |
| Online | Family Transition | Wednesday 26 th February | 6 weeks | 10.00-12.00 | Yes |

Programmes for women only

| | | | |
|--------------------|---|--|---|
| Confidential group | Freedom (for women affected by domestic abuse) | Please contact The Parenting Team for further information on parentingprogramme@brent.gov.uk 020 8937 4417 | A crèche is available for this programme. |
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Two hour workshops

| Venue | Workshop | Date | Time | Crèche available |
|--------|------------------------------|---------------------------------------|-------------|------------------|
| Online | Introduction to County Lines | Wednesday 22 nd January | 10.00-12.00 | No |
| Online | Made of Money Workshop | Thursday 27 th February | 10.00-12.00 | No |
| Online | GANGS | Tuesday 11 th February | 10.00-12.00 | No |



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|--------|------------------------------------|--|---------------|----|
| Online | Culturally Sensitive Parenting | Wednesday 26 th February | 10.00-12.00pm | No |
| Online | Knife Crime | Thursday 13 th March | 10.00-12.00pm | No |
| Online | Social Media awareness for Parents | Wednesday 26 th March | 10.00-12.00pm | No |

If you are interested in booking a place on a parenting programme or workshop, including crèche facilities, please contact the Parenting Team using the details below.

Email: parentingprogramme@brent.gov.uk

Phone: 020 8937 4417